



# The Three Bears Cafe

## Breakfast *(Served till 11:30am)*

### Cooked Breakfast £6.95

Pork sausage, fried egg, bacon, slice of black pudding, baked beans, cooked tomato, hash brown, mushrooms & a round of toast.

### Large Cooked Breakfast £8.95

2 pork sausages, 2 fried eggs, 2 rashers of bacon, 2 slices of black pudding, baked beans, cooked tomato, 2 hash browns, mushrooms & a round of toast.

### Vegetarian Breakfast £6.95

Vegetarian sausage, 2 fried eggs, baked beans, cooked tomato, hash brown, mushrooms & a round of toast.

### Something On Toast £3.25

Choose from: egg/ sausage/ bacon. Additional items 50p.

### Omlette £5.95

Choose any 2 fillings: ham, tomato, cheese, onion.

### Kids Cooked Breakfast £3.50

Pork sausage, fried egg, baked beans & a round of toast.

### Kids - Something On Toast £2.00

Choose from: egg/ sausage/ bacon/ baked beans or cheese.

### Toast £1.50 / Teacake £1.95

Served with butter.

Add jam or marmalade for 50p.

### Sandwiches £3.75

Hand carved ham

Cheese & pickle

Roast chicken mayo

Tuna mayo

### Wraps £4.95

Greek feta salad

Tuna mayonnaise

Cajun chicken & bacon

Salt & pepper chicken

### Paninis £5.50

Tuna & cheese melt

Ham & mozzarella melt

Tomato, mozzarella & basil melt

Cajun chicken & bacon

All of our Sandwiches, wraps & paninis are served with a fresh side salad.

Fancy something sweet? We have a selection of delicious cakes and ice creams available...

When you're ready please place your order at the till!

If you have any dietary requirements or food allergies please speak to a member of staff when placing your order at the till!



## Burgers

All of our burgers are served on a soft white bun with a fresh side salad & skinny fries.

Homemade beef burger £6.50

Chicken burger £6.25

Vegetarian burger £6.25

Chicken & Bacon Club Sandwich £6.25

Add cheese/ bacon or egg for an extra 50p



## Salads £6.50

### Greek Salad

Creamy feta cheese, black olives, red onion, cucumber & cherry tomatoes served on a crisp bed of lettuce & drizzled in olive oil.

### Tuna Nicoise Salad

Tuna, sliced free range egg, cucumber, red onion & cherry tomatoes served on a crunchy bed of salad leaves.

### Cajun Chicken & Bacon Salad

Grilled cajun chicken breast, bacon pieces, cucumber & cherry tomatoes served on a fresh bed of salad leaves.

### Jacket Potato

Choose from: cheese or beans **£5.50** / cheese & beans or tuna mayo or Cajun chicken & bacon **£5.95**

## Pizzas

All of our pizzas are made on a 12 inch base.

Classic Margherita	<b>£7.95</b>
Double Pepperoni	<b>£8.95</b>
Ham, Chicken & Pepperoni Meat Feast	<b>£8.95</b>
Flaming Piri Piri Chicken	<b>£8.95</b>



## Side Orders

Skinny fries	<b>£2.75</b>
Chunky chips	<b>£2.95</b>
Sweet potato fries	<b>£2.95</b>
Fresh garlic bread	<b>£4.95</b>
Cheesy garlic bread	<b>£5.95</b>

## Specials

Ask at the till for details of our delicious homemade specials...

Homemade soup of the day, served with a fresh roll **£3.95**

Homemade dish of the day **£7.95**

## Hot Drinks

Americano	<b>£2.20</b>
Cappuccino	<b>£2.60</b>
Latte	<b>£2.60</b>
Filter Coffee	<b>£2.00</b>
Flat white	<b>£2.40</b>
Selection of teas	<b>£2.10</b>
Hot chocolate	<b>£2.40</b>
Hot chocolate special with cream & marshmallows	<b>£2.80</b>

## Cold Drinks

Bottled drinks from	<b>£1.65</b>
Cans from	<b>£1.25</b>
Bottled water	<b>£1.65</b>
Kids bottled juice	<b>£1.50</b>
Capri Sun	<b>£1.85</b>
Slush	<b>£2.50</b>

## Something for the little ones...

### Kids Lunch Box **£3.95**

Includes: cheese/ ham/ tuna or jam sandwich, crisps, biscuit & juice.

### Kids Mini Meals **£4.50**

CHOOSE A MAIN FROM THE FOLLOWING:

chicken or fish goujons/ cheese & tomato pizza/ beef burger/ sausage or vegetarian sausage.

CHOOSE 2 SIDES FROM THE FOLLOWING:

skinny fries/ corn on the cob/ salad /beans or peas.



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